

## **The Delaware Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Roster**

What is the Delaware TF-CBT Roster?

**Family members, professionals and members of the public can use this roster to find a trained specialist in the treatment of child and family trauma.**

The roster is a publicly available listing of trainees and successful program graduates of the Delaware Children's Department's Division of Prevention and Behavioral Health Services (DPBHS). DPBHS has a clinical training program designed to train mental health professionals with at least a master's degree and experience to use the **Trauma-Focused Cognitive Behavioral Therapy** intervention developed by Esther Deblinger, Ph.D., Judith Cohen, M.D. and Anthony Mannarino with fidelity to the model. DPBHS has trained clinicians in this treatment to provide **effective, trauma-specific treatment for children with physical and/or sexual abuse, neglect, a history of witnessing violence (community or domestic violence) or experience with a traumatic event (e.g. car accident).**

Symptoms of child traumatic stress include but are not limited to:

- Repeated, upsetting memories of the traumatic event
- Flashbacks, reliving the experience
- Very upset by sights, sounds, smells which trigger memory of the traumatic event
- Avoiding places or people that are reminders of the event
- Being easily startled
- Showing very little emotion, seeming "numb" regarding the event
- Frequent nightmares
- Difficulty sleeping
- Difficulty concentrating
- Lack of interest in usual activities or personal relationships they once enjoyed

TF-CBT is a psychosocial treatment model designed to treat posttraumatic stress and related emotional and behavioral problems in children and adolescents and is listed as an evidence-based practice on the U.S. Substance Abuse and Mental Health Services Administration website: the National Registry of Evidence-based Programs and Practices (NREPP) with a quality of research rating of 3.8 on a scale of 4.0. The link to that website for TF-CBT is:

<http://www.nrepp.samhsa.gov/>

For general information about child traumatic stress, the website of the National Child Traumatic Stress Network (federally funded organization) is [www.nctsn.org](http://www.nctsn.org). It has information specifically designed for interest groups like parents, schools, etc... DPBHS is a member of the NCTSN and the training provided to Delaware clinicians is part of a very competitive federal grant obtained by DPBHS.

*Disclaimer: As a public service, the Division of Prevention and Behavioral Health Services of the Delaware Children's Department has developed this roster which contains a list of trainees and graduates it has trained in TF-CBT. Neither DPBHS nor its providers nor its funders provide official endorsement of the clinicians included on our roster. This listing of clinicians is available for information purposes only; this listing is not meant to replace consultation with your physician or mental health professional. The views and opinions of clinicians listed do not necessarily state or reflect those of DPBHS or the State of Delaware.*

## **The Delaware Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Roster\***

***Clinicians with an asterisk by their names (\*) will accept referrals of YOUNG CHILDREN and have received additional training in using TF-CBT with young children.***

*Unless otherwise indicated, **ALL clinicians on this roster accept third party payment as well as Medicaid Managed Care as payment for services.***

<b>Alatur, Oya</b>	Oya Alatur, LCSW Jewish Family Services 99 Passmore Road Wilmington, DE 19803 Phone: 302-478-9411	<b>Caputo, Christine</b>	Christine Caputo, LCSW Christiana Counseling 5235 West Woodmill Drive Wilmington, DE 19808 Phone: 302-995-1680 x 238 ** Not a DPBHS provider
<b>Adkins, Brittany</b>	Brittany Adkins, MSW Delaware Guidance Services 900 Health Services Drive Seaford, DE 19973 Phone: 302-262-3505	<b>Cherrix, Natalie</b>	Natalie Cherrix, LCSW 314 Stein Highway Seaford, 19973 (302) 682-9025 ** Not a DPBHS provider
<b>Bushnell, Pamela</b>	Pamela Bushnell, LCSW Jewish Family Services 288 E. Main Street, Suite 1 Newark, DE 19711 Phone: 302-478-9411	<b>Coleman, Norwood</b>	Norwood Coleman, LCSW Smith-Coleman Counseling Newport, DE 19804 Phone: 302-377-2603 ** Not a DPBHS provider
<b>Bennett, Stav*</b>	Stav Bennett, LPCMH 884 Walker Rd. Suite C Dover, DE 19904 Phone: 302-897-5419 ** Not a DPBHS provider	<b>Croft, Gail</b>	Gail M Croft, LPCMH Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19977 Phone: 302-678-3020, ext 432
<b>Bennett, Susan</b>	Susan Bennett, M.S. Child and Family First 400 North Market Street Ext. Seaford, DE 19973 (302) 604-6308 ** Not a DPBHS provider	<b>Darby, Lisa</b>	Lisa Darby LCSW Mid Atlantic Behavioral Health 910 South Chapel St. Newark, DE 19713 Phone: 302-224-1400

<b>Doney, Stacy</b>	<p>Stacy Doney LCSW The Counseling Center 1103 Drummond Office Park Newark, DE 19711 Phone: 302-286-7164 ** Not a DPBHS provider</p>	<b>Gonzalez, Ada</b>	<p>Ada Gonzalez, Ph.D. The Mind and Body Consortium 1151 Walker Road Dover, DE 19904 Phone: 302-674-2380 (Spanish-Speaking, Bilingual) ** Not a DPBHS provider</p>
<b>Dukes, Jeanne Doe</b>	<p>Jeanne Doe Dukes, LCSW Lewes Counseling 32314 Lewes-Georgetown Hwy Lewes, DE 19958 Phone: 302-430-2127 ** Not a DPBHS provider</p>	<b>Harris, Brandi</b>	<p>Brandi Harris, LPCMH, NCC A Center for Mental Wellness 25 South Old Baltimore Pike Suite #201, Lafayette Building 1 Christiana, DE 19702 Phone: 302-266-6200 ** Not a DPBHS provider</p>
<b>Dyer, Carol</b>	<p>Carol Dyer, LCSW Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19977 Phone: 302-678-3020 (Spanish-speaking, bilingual)</p>	<b>Hatton, Kelly</b>	<p>New Behavioral Health 240 North James Street Suite 203 Newport, DE 19804 Phone: 302-892-9210 **A DPBHS provider <b>OR</b> DBA Kindred Counseling 3519 Silverside Road, Ridgely 101-B Wilmington, DE 19810 **Not a DPBHS provider</p>
<b>Early, Tim</b>	<p>Tim Early, LPCMH Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19904 Phone: 302-678-3020</p>		
<b>Farside, Brenda</b>	<p>Brenda Farside, LCSW New Behavioral Health 240 North James Street Suite 203 Newport, DE 19804 Phone: 302-892-9210 **A DPBHS provider <b>OR</b> DBA Kindred Counseling 3519 Silverside Road, Ridgely 101-B Wilmington, DE 19810 **Not a DPBHS provider</p>	<b>Jester, Tiffany</b>	<p>Tiffany Jester, MS, NCC Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19904 Phone: 302-678-3020</p>
		<b>Joines, Wendy</b>	<p>Wendy Joines AAS, CADC Aquila of Delaware 1812 Newport Gap Pike Wilmington, DE 19808 Phone: 302-999-1106</p>

<b>Joselow, Beth</b>	Beth Joselow, LPCMH, NCC The Tides Behavioral Health 117 Schley Avenue Lewes, DE 19958 Phone: 302-703-2255 **Not a DPBHS provider	<b>Natasha Mullen</b>	Natasha Mullen, LPCMH Delaware Guidance Services 900 Health Services Drive Seaford, DE 19973 Phone: 302-262-3505
<b>McCarraher, Melanie</b>	Melanie McCarraher, LCSW People's Place 1131 Airport Road Milford, DE 19963 Phone: 302-422-8026	<b>Pollard, Georgia</b>	Georgia A. Pollard, MA Pressley Ridge 56 West Main St, Suite 203 Newark, DE 19702 Phone: 302-366-0490 <b>OR</b> 870 Forrest Avenue Dover, DE 19904 Phone: 302-677-1590 <b>OR</b> Georgetown Professional Park 20145 Office Circle, Unit 2 Georgetown, DE 19947 Phone: 302-677-1590
<b>McLaughlin, Peggy</b>	Peggy McLaughlin, MSCC Catholic Charities 2601 W. 4th Street Wilmington, DE 19805 Phone: 302-655-9624		
<b>Miller, Deborah*</b>	Deborah Miller, LCSW Lighthouse Therapy Center 30838 Vines Creek Road, Suite 2B Dagsboro, DE 19939 Phone: 302-732-1310 ** Not a DPBHS provider	<b>Powell, Shana</b>	Shana Powell, MCC Delaware Guidance Services 31168 Learning Lane Lewes, DE 19958 Phone: 302-645-5336
<b>Moore, Stephen*</b>	Stephen Moore, MC, LPCMH Delaware Guidance Services Polly Drummond Office Park Building 1, Suite 1208 Newark, DE 19711 Phone: 302-455-9333	<b>Rabidou, Sandy</b>	Sandy Rabidou LCSW Mid Atlantic Behavioral Health 910 South Chapel St. Newark, DE 19713 Phone: 302-224-1400
<b>Mullen, Julius</b>	Julius Mullen, Sr., Ed.D, LPCMH Children and Families First 400 N. Market Street Seaford, DE 19973 Phone: 302-652-3948 ** Not a DPBHS provider	<b>Redman-Brown, Robin*</b>	Robin Redman-Brown, LPCMH The Delaware Family Center 3608 Lancaster Pike Wilmington, DE 19805 Phone: 302-995-9600 **Not a DPBHS Provider

<b>Repka, Denise</b>	Denise Repka, LCSW Jewish Family Services 99 Passmore Road Wilmington, DE 19803 Phone: 302-478-9411	<b>Smolko, Nona</b>	Nona Smolko, LCSW Jewish Family Services 99 Passmore Road Wilmington, DE 19803 Phone: 302-478-9411
<b>Robbins, Casey</b>	Casey Robbins, MSW Aquila of Delaware 10 North Railroad Avenue Georgetown, DE 19947 Phone: 302-604-2903	<b>Sweetman, Anne</b>	Anne Sweetman, LPCMH People's Place 1131 Airport Road Milford, DE 19963 Phone: 302-422-8026
<b>Rose, Roxana*</b>	Roxana Rose, LCSW Delaware Guidance Services 1213 Delaware Avenue Wilmington, DE 19806 Phone: 302-652-3948 (Spanish-speaking, bilingual)	<b>Jester, Tiffany</b>	Tiffany Jester, MS, NCC Delaware Guidance Services 103 Mont Blanc Boulevard Dover, DE 19904 Phone: 302-678-3020
<b>Santiago, Abner</b>	Abner Santiago, MS Latin American Community Cntr 301 N. Harrison Street Wilmington, DE 19805 Phone: 302-295-2160 (Spanish-speaking, bilingual)	<b>Traynor, Stephanie*</b>	Stephanie Traynor, Psy.D. Supporting KIDDS 1213 Old Lancaster Pike Hockessin, DE 19707 Phone: 302-593-4675 (Spanish-speaking, bilingual) ** Not a DPBHS provider
<b>Scheffler, Cynthia</b>	Cynthia Scheffler, LCSW Mid Atlantic Behavioral Health 910 South Chapel St. Newark, DE 19713 Phone: 302-224-1400	<b>Unitis, Allison</b>	Allison Unitis, LPCMH Delaware Guidance Services 900 Health Services Drive Seaford, DE 19973 Phone: 302-262-3505
<b>Shreve, Malisa</b>	Malisa Shreve, LCSW Jewish Family Services 288 E. Main Street, Suite 1 Newark, DE 19711 Phone: 302-478-9411	<b>Vaughn, Mary</b>	Mary Vaughn, Psy.D. Appel and Wilson, LLC 24 Hiawatha Lane Dover, DE 19904 Phone: 302-678-0213 ** Not a DPBHS provider

**Williams, Lisa**

Lisa Elena Williams, LCSW  
Delaware Guidance Services  
31168 Learning Lane  
Lewes, DE 19958  
Phone: 302-645-5338  
(Spanish-speaking, bilingual)